

Twins Martial Arts – Term 3 Holiday Timetable

Effective 21 September to 4 October 2020

Email: info@twinsmartialarts.com.au



Monday	Tuesday	Wednesday	Thursday	Saturday	
Downstairs	Downstairs	Downstairs	Downstairs	Downstairs	Upstairs
Extreme Kicks	Belt Chucks	Ninja Warrior	Sparring Drills	Paper Sticks	
4.15-4.45pm Little Ninjas & Dragons	4.15-4.45pm Little Ninjas & Dragons	4.15-4.45pm Little Ninjas & Dragons	4.15-4.45pm Little Ninjas & Dragons	8.30-9.00am Little Ninjas	8.30-9.00am Dragons
4.45-5.30pm Juniors (White to Prov. Blue)	4.45-5.45pm Juniors (Brown & Above)	4.45-5.30pm Juniors (White to Prov. Blue)	4.45-5.45pm Juniors (Brown & Above)	9.00-9.30am Little Ninjas	9.00-9.30am Dragons
5.30-6.15pm Juniors (Blue to Prov. Brown)	5.45-6.30pm Juniors (White to Prov. Blue)	5.30-6.15pm Juniors (Blue to Prov. Brown)	5.45-6.30pm Juniors (White to Prov. Blue)	9.30-10.15am Juniors (White to Red)	9.30-10.15am Juniors (Yellow to Prov. Blue)
6.15-7.15pm Juniors (Brown to 1st Kyu)	6.30-7.15pm Juniors (Blue to Prov. Brown)	6.15-7.15pm Juniors (Brown to 1st Kyu)	6.30-7.15pm Juniors (Blue to Prov. Brown)	10.15-11.00am Junior Weapons (Blue to Purple)	10.15-11.00am Junior Weapons (Prov. Orange to Prov. Brown)
7.15-8.15pm Master Class (Red Stripes & Black Belts)	7.15-8.15pm Adults & Teens (All Ranks)	7.15-8.15pm Adults & Teens (All Ranks)	7.15-8.15pm Adults & Teens (All Ranks)	11.00-12.00pm Juniors (Brown to 2nd Kyu)	11.00-12.00pm Juniors (Prov 1st Kyu & Above)
				12.00-12.45pm Fitness Kickboxing (FREE)	12.00-1.00pm Adults & Teens (All Ranks)

FOR THE ZOOM LINKS PLEASE SEND US AN EMAIL AT [INFO@TWINSMARTIALARTS.COM.AU](mailto:info@twinsmartialarts.com.au)