

Twins Martial Arts – January 2021 Newport & Virtual Dojo Timetable

Effective from 4th to 24th January 2021

Email: info@twinsmartialarts.com.au



| Monday | | Tuesday | | Wednesday | | Thursday | | Saturday | |
|---|------------------------------|--|--|---|------------------------------|--|--|---|--|
| Downstairs | Upstairs | Downstairs | Virtual | Downstairs | Upstairs | Downstairs | Virtual | Downstairs | Upstairs |
| 4.00-4.30pm Dragons | 4.00-4.30pm Little Ninjas | 4.15-4.45pm Little Ninjas & Dragons | 4.00-4.30pm Little Ninjas & Dragons | 4.00-4.30pm Dragons | 4.00-4.30pm Little Ninjas | 4.15-4.45pm Little Ninjas & Dragons | 4.00-4.30pm Little Ninjas & Dragons | 8.30-9.00am Dragons | 8.30-9.00am Little Ninjas |
| 4.30-5.15pm Juniors (White to Prov Blue) | | 4.45-5.45pm Juniors (Brown & Above) | 4.30-5.15pm Juniors (White to Prov Blue) | 4.30-5.15pm Juniors (White to Prov Blue) | | 4.45-5.45pm Juniors (Brown & Above) | 4.30-5.15pm Juniors (White to Prov Blue) | 9.00-9.30am Dragons | 9.00-9.30am Little Ninjas |
| 5.15-6.00pm Juniors (Blue to Prov Brown) | | 5.45-6.30pm Juniors (White to Prov Brown) | 5.15-6.00pm All Ages (Blue & Above) | 5.15-6.00pm Juniors (Blue to Prov Brown) | | 5.45-6.30pm Juniors (White to Prov Brown) | 5.15-6.00pm All Ages (Blue & Above) | 9.30-10.15am Juniors (White to Prov Blue) | |
| 6.00-7.00pm Juniors (Brown to 1st Kyu) | | 6.30-7.30pm BJJ (Kids & Adults) | 6.00-6.30pm All Ages Kata (Brown & Above) | 6.00-7.00pm Juniors (Brown & Above) | | 6.30-7.30pm BJJ (Kids & Adults) | 6.00-6.30pm All Ages Kata (Brown & Above) | 10.15-11.00pm Juniors (Blue to Prov Brown) | |
| 7.00-8.00pm Black Belts & Red Stripes | | 7.30-8.30pm Adults & Teens (All Ranks) | | 7.00-8.00pm Adults & Teens (All Ranks) | | 7.30-8.30pm Adults & Teens (All Ranks) | | 11.00-12.00pm Adults & Teens (All Ranks) | 11.00-12.00pm Juniors (Brown & Above) |
| | | | | | | | | 12.00-1.00pm BJJ (Kids & Adults) | |

VIRTUAL CLASS LINK: <https://zoom.us/j/228226151>